

31st January 2025

MOORSIDE PRIMARY SCHOOL AND NURSERY NEWSLETTER



Dear Parents and Friends,

We have been celebrating Chinese New Year in the Early Years this week....noodles, restaurant role play, making decorations and a life-size dragon, making music and dragon dancing has been on the menu! The children had great rhythm when dancing together. Well done Nursery and Reception.

We had some more super dancing at Moorside this week, when Years 3 and 4 represented our school at the Ripon City Dance competition. 100% effort and enthusiasm went into their performance, which was extremely expressive. Mrs Jennings accompanied the children with Mrs Pickard and said that she was extremely proud of them, not only for their dancing but their brilliant manners too.



Children's Mental Health Week – 3rd-9th February



Next week it is Children's Mental Health week! We are using some of the Resources and activities from the charity 'Place2Be' as teaching inputs, to support the children with articulating their emotions. [Resources and activities for Children's Mental Health Week](#). We will also be using the film, 'Inside Out' as a stimulus on Thursday. There are some further links and information for supporting children's mental health at home, shared at the end of this newsletter. The website [Here4You - No young person should ever feel alone](#) may be useful.

Please remember that we also have a number of booklets and resources on our website at [Moorside Primary School and Nursery](#) to support well-being at home. We would be more than happy to support you by printing them for you, if you feel it would be useful for your child. Our website also signposts you to external organisations through the 'Go To' website [The Go-To - Emotional wellbeing and mental health](#) which is worth a visit if you have any concerns about your child's mental health and well-being. Please do come and talk to us at school too, as we have lots of strategies and resources to share.

Building Resilience and Self-esteem



Army Welfare Service Community Support

There is a new contact for our service families advertised at the end of this newsletter – Margaret Newman, who is the Community Development worker for Harrogate and Ripon. Margaret is sharing information about different initiatives and clubs for service pupils to attend but is also looking for volunteers to support the organisation and

running of the projects. Please see further information below if you are interested in volunteering or if you are a service family and would like to participate in any of the activities on offer.

Attendance

We still have lots of lurgies at Moorside so attendance has been lower this week at 94.29%. Each class has been as follows:



w/c	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
06/01/25	98.79%	100%	95.74%	99.45%	100%	94.44%	97.84%
13/01/25	96.23%	100%	98.33%	100%	98.52%	98.07%	98.65%
20/01/25	84.02%	95.04%	98.57%	96.15%	84.19%	100%	100%
27/01/25	90.14%	90.26%	94.44%	99.57%	98.89%	98.55%	90.67%

Well done to Year 3...SUPER attendance at **99.57%** – keep it up! Well done to Years 4 and 5, who are VERY close behind!

Reports

We have been busy over the past couple of weeks printing off reports from last term, which you received via email at the end of term. This is just for your records and should be in your child's book bag today.

Cricket for Mums

Something for Mum's or Grandma's maybe?? Ripon Ladies Cricket Club would love some new members to join them! Their indoor nets begin on 2nd March. If you would like some more information, please contact Beckie1410@gmail.com.

I hope that you all have a lovely weekend ahead. As always, if you have any concerns or would like a chat about your child's learning in school, please get in touch with us and we will signpost you to the best person to help. Any information about changes at home also helps us to support your child in school too.

With very best wishes,

Mrs Rowett
Headteacher



Diary Dates:

w/c 3 rd February 2025	Children's Mental Health Week
w/c 10 th February 2025	Safety Week
Friday 14 th February 2025	Break-up for Half Term Holidays
Monday 24 th February 2025	Return to School after Half Term Holidays
w/c 3 rd March 2025	Month of Reading Madness
Thursday 6 th March 2025	World Book Day
w/c 7 th March 2025	Science Week
Tuesday 11 th March 2025	Reading Cafe
Friday 4 th April 2025	Break-up for Easter Holidays at 3pm
Monday 21 st April 2025	Staff Training Day
Tuesday 22 nd April 2025	Children return to School

WHAT IS COMMUNITY SUPPORT ?

Hello !

My name is Maggie and I am the community development worker for Harrogate and Ripon!



Community support staff offer play youth and community projects, supporting service children, young people and their families. We aim to seek positive outcomes for children in mitigating the negative impact of family mobility and parental deployment as well as providing activities which can improve community resilience well being and mental health through support to individuals and families.

Community Support Activities on offer include :-



Youth Clubs

Ages 6 -10/11 and 11/12 - 14 - a range of activities including arts and crafts, games, sports cooking teambuilding and discussions



Residential/Holiday Activities

Multi-activity weeks, local trips out, week at YHA Edale



Schools Work

Lunchtime and afterschool clubs in a number of schools in the area - chance for children and young people to meet other children from military families - have fun and share experiences



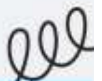
Community Events

Bingo, Quiz Nights, Book Club, Seasonal Themed Events

Targeted Support

Targeted support is an integral part of our community support offer. It is time bound, specific in nature aiming to offer support to individuals or groups of young people around identified issues or circumstances. Young people and families can "self refer" to access support or referrals may come from other services and professionals.

In most cases, these sessions would be held in school at a convenient time for a maximum of one hour and maximum length of 12 weeks. Support can include individual and group activities based on emotional well being, parental deployment, transitions and may involve drawing and talking practices



VOLUNTEERING

Help us to provide community support activities for service children and families!

Do you enjoy working with children young people and groups?

Can you work well as a team?

Do you have good communication skills?

Do you want to meet new people?

Gain new skills and practical experience with children young people and groups.

Access free training- enhance your CV and support your career development

ARMY WELFARE SERVICE



FOR MORE INFORMATION ABOUT ACTIVITIES OR VOLUNTEERING PLEASE CONTACT

Margaret.newman112
@mod.gov.uk

ARMY WELFARE SERVICE



ARMY WELFARE SERVICE COMMUNITY SUPPORT

Harrogate
Ripon

ARMY WELFARE SERVICE



TIPS FOR FAMILIES

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

1 Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)

